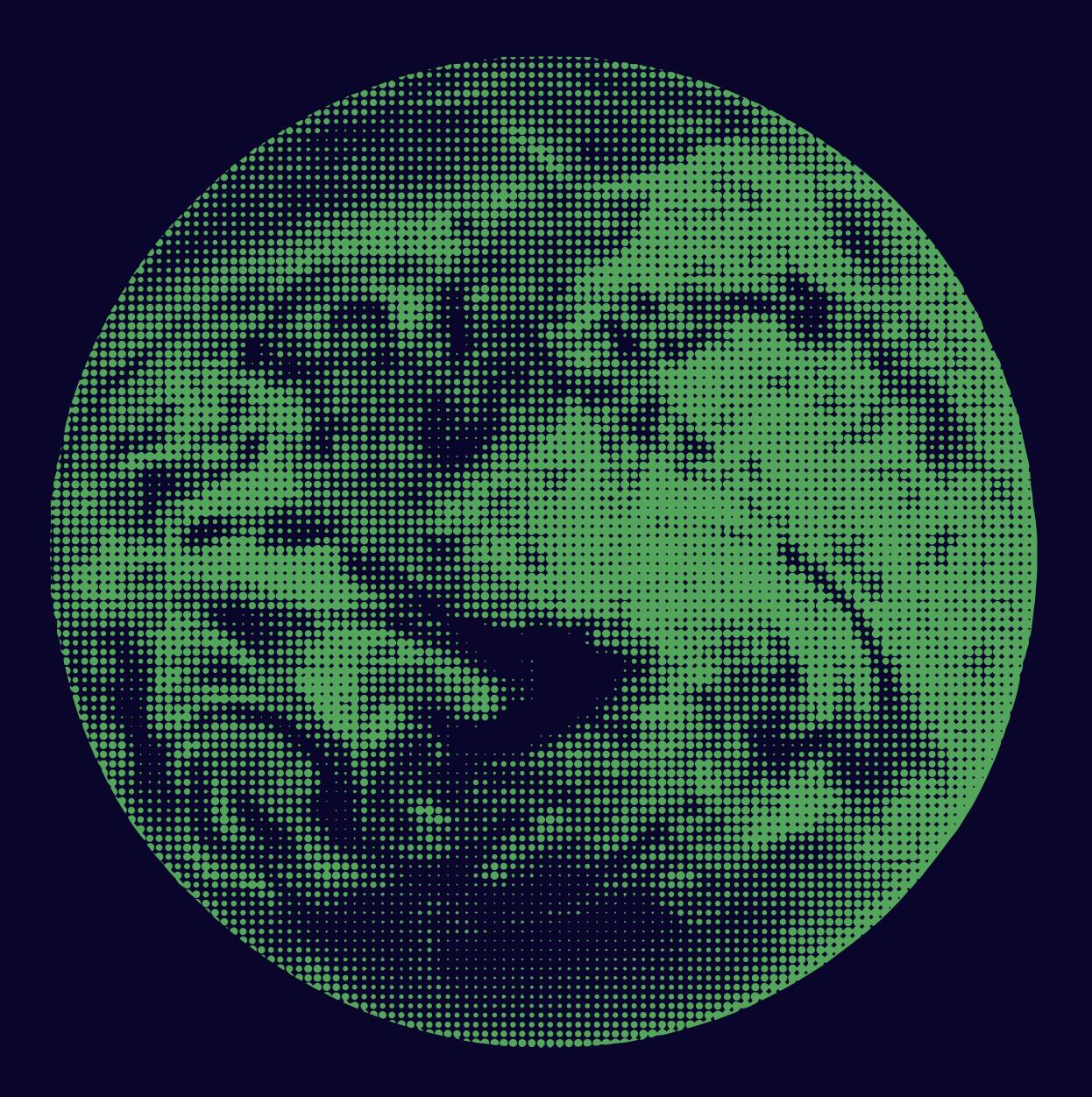
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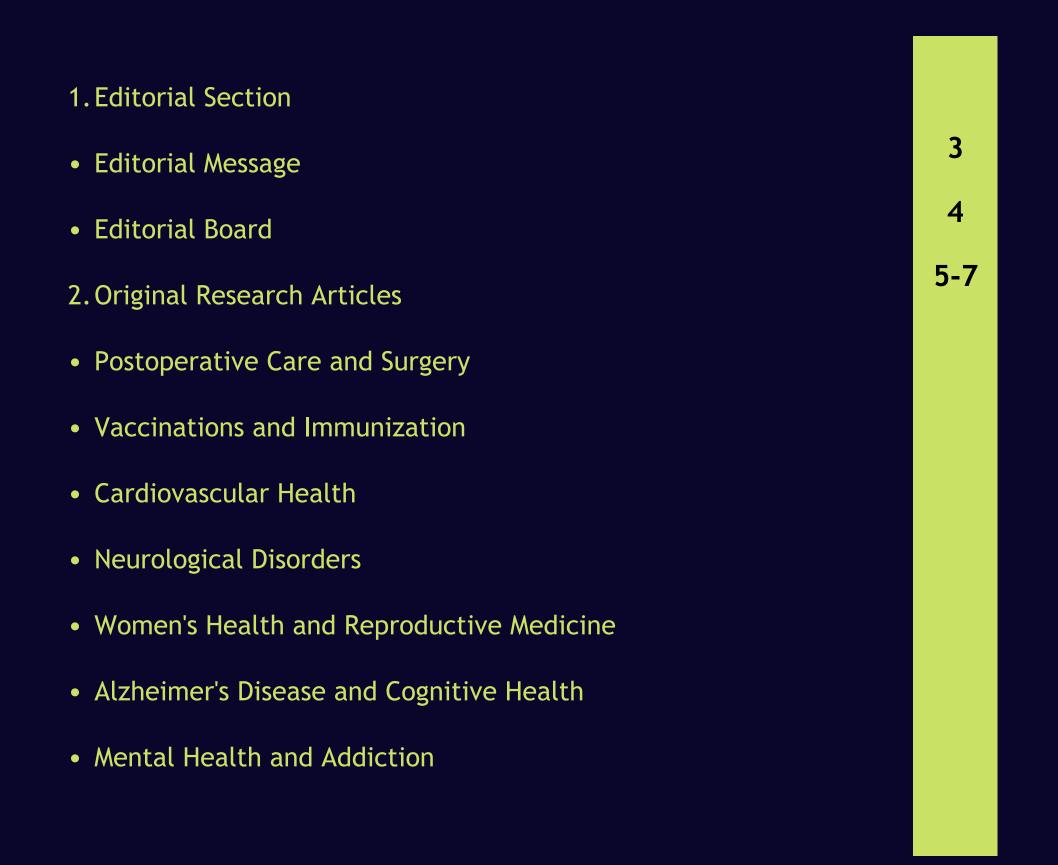
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FOUNDATIONS OF INTERNAL MEDICINE INAUGURAL ISSUE OF THE EMIRATES JOURNAL



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EDITORIAL MESSAGE

Dear Readers,

It is with great pleasure and enthusiasm that I, Mohammed Saif, as the Editor-in-Chief, introduce the inaugural issue of the Emirates Journal of Internal Medicine (EJIM). As the steward of this journal, I am delighted to welcome you to our publication, which aims to serve as a beacon of knowledge and innovation in the field of internal medicine. In this milestone edition, we embark on a journey of exploration and discovery, embracing the diverse spectrum of research and scholarship that defines modern internal medicine. From the inception of EJIM, our vision has been to create a platform that transcends boundaries, bringing together researchers, clinicians, educators, and policymakers to exchange ideas, share insights, and catalyze progress in the field. In this inaugural issue, you will find a rich tapestry of original research articles covering diverse areas such as postoperative care and surgery, vaccinations and immunization, cardiovascular health, neurological disorders, women's health and reproductive medicine, Alzheimer's disease and cognitive health, mental health and addiction, and rheumatology. Each article represents a significant contribution to advancing knowledge and improving patient outcomes in their respective fields.

Thank you for joining us on this exciting journey. Together, let us pave the way for a brighter future in internal medicine.

Warm regards,

Dr. Mohammed Saif

Editor-in-Chief

Emirates Journal of Internal Medicine

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ORIGINAL RESEARCH ARTICLES



POSTOPERATIVE CARE AND SURGERY

- A Comprehensive Review of Prophylactic Approaches for Postoperative Inflammation Control in Cataract Surgery
- Acceleration Of Brain Aging And Cognitive Decline Due To Type 2 Diabetes Mellitus
- Amount And Period of Chronic Opioid Consumption That May Lead to Adrenal Insufficiency in Middle Age Patients Taking Opioids
- Ibuprofen and Postpartum Blood Pressure in Women with Hypertensive Disorders of Pregnancy
- Advancements in ACL Tear Repair: A Comprehensive Review of All-Inside Techniques and Comparisons with Traditional Methods

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- Effectiveness & Safety of BNT162b2 Vaccine Among Various Age Groups Around the Globe

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- Anti-Hypertensive Drugs And Reduction In Stroke
- Cardiac and neuro complications in end-stage renal failure
- Effects of Therapeutic Hypothermia on Improving Neurological Recovery and Reduction of Mortality After Global Ischemia in Patients with Myocardial Infarction
- Impella vs. Intra-aortic Balloon Studying Effectiveness in Myocardial Infarction Complicated by Cardiogenic Shock



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- High-Intensity Aerobic Exercise and Transformation of Parkinson's Disease
- Navigating the Effects of Aerobic Exercise in Treating Patients with **ADHD**

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- Comparison of Myo-Inositol with Metformin in Women with **Polycystic Ovarian Syndrome**
- Effect of Administration of Brexanolone Injection

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• Effectiveness of Memantine in Alzheimer's Disease

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• Effects of Phone Addiction on the Mental Health of University **Students. A Review Article**

